



DREAM SCHEME

A pared-down palette helps strong architectural features, like cornicing or shutters, to stand out,' says designer and stylist Abigail Ahern. 'Layer up restful neutrals in different tones for a calming scheme.' Custom-made, solid shutters are perfect for arched, circular or irregular-shaped windows, and block out light entirely, helping to ensure a perfect night's rest. Plus they provide great insulation and are easy to maintain. Soften the look by teaming them with simple sheers or curtains.

Get the look Head to The White Company for a good selection of white, ivory and taupe **bed linen** and **throws**. The Unique Copenhagen Bulb **pendant lamp**, £87.82 at Nest, is like these. Try Merete **curtains**, £24.99, Ikea. Get **shutters** from The New England Shutter Company, from £400 per sq m.